

# Info Sheet:

## DIABETIC EYE CARE



### *Did You Know?*

High Blood Sugar levels cause damage to blood vessels in the retina. The nerves that make up the retina are responsible for providing your sight.

- A **dilated eye exam** is necessary to evaluate any damage diabetes may have caused to your retina. This damage is known as Diabetic Retinopathy.
- A **Fluorescein Angiogram** is necessary for the Ophthalmologist to fully assess the condition of your retinas.
  - Patients receive an injection of an organic dye that is used for this purpose. The dye has minimal side effects and does not have any effect on kidney function.

### *Symptoms of Diabetic Retinopathy*

- Increased floaters
- Blurry vision
- Dark areas in the field of vision
- Most often the damage occurs in the retina well before you notice symptoms or any changes in your vision.

### *Save Your Vision*

- Patients with diabetes who can better control their blood sugar levels will slow the onset and progression of diabetic retinopathy.
- Early detection is key in order to prevent permanent vision loss.
- Diabetic Retinopathy is treatable and reversible with early detection, timely treatment and appropriate follow-up care.

For more information about Diabetic Eye Care, visit [www.osmich.com](http://www.osmich.com).